## IN THE CLAIMS:

A complete listing of the claims is set forth below. Please amend the claims as follows:

1-94. (Cancelled).

95. (Currently Amended) A method of speed cooking a food product with gas, comprising the steps of:

providing a housing defining a cooking chamber;

providing a first means for directing gas within the cooking chamber and a second means for directing gas within the cooking chamber;

introducing the gas into the cooking chamber via the first means for directing gas and the second means for directing gas; and

cooking the food product by colliding the gas from the first means for directing gas and the gas from second means for directing gas in close proximity to [a] an exposed surface of the food product.

- 96. (**Original**) The method according to claim 95, further comprising the step of: providing a means for heating the gas.
- 97. (**Original**) The method according to claim 95, further comprising the step of: providing a means for selectively controlling the flow of the gas.
- 98. (Original) The method according to claim 95, wherein the step of cooking the food product is achieved by simultaneously colliding the gas at multiple locations about selected surfaces of the food product.
- 99. (Original) The method according to claim 95, further comprising the steps of: operably associating a conduit means with the cooking chamber; and circulating the gas to and from the cooking chamber with the conduit means.

- 100. (Original) The method according to claim 95, further comprising the step of: providing a means for adjustably damping the amount of gas delivered through the first means for directing gas and the second means for directing gas.
- 101. (Original) The method according to claim 95, further comprising the step of: providing at least one additional means for directing gas.
- 102. (Original) The method according to claim 95, further comprising the steps of: providing at least one blower motor; and forcing the gas through the first means for directing the gas and the second means for directing the gas with the blower motor.
- 103. (Original) The method according to claim 102, wherein the blower motor is a variable speed motor.
- 104. (Original) The method according to claim 102, wherein the gas is directed through the first means for directing the gas and the second means for directing the gas at a velocity of between about two thousand feet per second and about six thousand feet per second.
- 105. (Original) The method according to claim 102, wherein the gas is directed through the first means for directing the gas and the second means for directing the gas at a velocity of over about two thousand feet per second.
- 106. (Original) The method according to claim 102, wherein the gas is directed through the first means for directing the gas and the second means for directing the gas at a velocity of up to about six thousand feet per second.
- 107. (Original) The method according to claim 95, further comprising the step of: providing a control system for controlling the rate of cooking of the food product.

- 108. (Original) The method according to claim 95, wherein the food product is cooked by speed cooking.
- 109. (Currently Amended) A system for controlling a flow of gas in an oven, comprising:

at least one pair of gas directing means for directing gas within the oven; and a control system for controlling the flow of the gas within the oven;

wherein the at least one pair of gas directing means are configured such that the gas therefrom collides in close proximity to [a] <u>an exposed</u> surface of a food product disposed within the oven.